



**NAIRN 10k 2015**

**MALE PRIZE WINNERS**

1st Male	32.59	John Newsom
2nd Male	33.33	Gordon Lennox
3rd Male	33.47	Kenny Wilson
1st MV	34.42	Gareth Jenkins
1st MSV	36.32	Ray Creswell

**1t M Team    INV HARR**

**John Newsom**

**Paul Millar**

**Cameron Young**

1st Nairn M	40.28	Tommy Barron
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**FEMALE PRIZE WINNERS**

1st Female	36.29	Jenny Bannerman
2nd Female	39.43	Mary McIntosh
3rd Female	41.02	Catriona Fraser
1st FV	42.14	Alison Wilson
1st FSV	47.32	Elizabeth Watson

**1st F Team    INV HARR**

**Jenny Bannerman**

**Catriona Fraser**

**Caroline Marwick**

1st Nairn F	45.05	Susan Hey
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**FUN RUN PRIZE WINNERS**

1st Male	18.05	Michael Stuart
2nd Male	18.05	Dean Kane
3rd Male	21.49	Ben Sharp
1st Female	22.05	Grace Whelan
2nd Female	22.58	Lily Carmichael
3rd Female	23.29	Niamh Whelan

**10k FULL RESULTS**

<b>1 JOHN</b>	<b>NEWSOM</b>	<b>32.59</b>	<b>M</b>	<b>INVERNESS HARRIERS</b>	<b>1st Male</b>
2 GORDON	LENNOX	33.33	M	UA	2nd Male
3 KENNY	WILSON	33.47	M	MRR	3rd Male
4 GARETH	JENKINS	34.42	M	MRR	1st MV
5 JACK	TREVELYAN	34.53	M	HIGHLAND HILL RUNNERS	
6 PAUL	MILLER	35.04	M	INVERNESS HARRIERS	2nd MV
7 CAMERON	YOUNG	35.4	M	INVERNESS HARRIERS	
8 PAUL	HADDEN	35.52	M	UA	
9 ANDREW	INGLIS	36.29	M	STORNOWAY	
<b>10 JENNY</b>	<b>BANNERMAN</b>	<b>36.29</b>	<b>F</b>	<b>INVERNESS HARRIERS</b>	<b>1st Female</b>
11 RAY	CRESSWELL	36.32	M	ABERDEEN	1st MSV
12 ANDREW	MACRAE	36.36	M	INVERNESS HARRIERS	
13 TIM	COOKE	36.43	M	Inverness Harriers	3rd MV
14 NEIL	GRANT	36.55	M	UA	
15 BENJAMIN	ROSS	36.58	M	UA	
17 THOMAS	GRANT	36.59	M	UA	
16 KEVIN	EWING	36.59	M	KEITH AND DISTRICT	
18 COLIN	GREEN	37.03	M	MRR	
19 GRANT	HASSAN	37.04	M	INVERNESS HARRIERS	
20 JONNY	MACLEOD	37.25	M	INVERNESS HARRIERS	
21 ADAM	PETERS	38.1	M	SHETTLESTON HARRIERS	
22 HAMISH	FRASER	38.13	M	UA	
23 FRANKIE	BARTON	38.15	M	KEITH AND DISTRICT	2nd MSV
24 JOHN-PAUL	DOWNEY	38.45	M	MRR	
25 STEVEN	MORRISON	38.47	M	MRR	
26 GARRIE	NOBBS	38.53	M	UA	
27 DARRIN	CAMERON	38.57	M	MRR	
28 STUART	FORREST	39	M	HIGHLAND HILL RUNNERS	
29 ALAN	RIACH	39.32	M	CAIRNGORM RUNNERS	3rd MSV
30 JAMES	FLETCHER	39.4	M	UA	
31 DAVID	WRIGHT	39.42	M	UA	
32 Mary	MacIntosh	39.43	F	NAAAC	2nd Female
33 DAVID	PEARKS	40.04	M	HIGHLAND HILL RUNNERS	
34 Robert	Paterson	40.05	M	Forres Harriers	
35 SCOTT	DUNCAN	40.08	M	UA	
36 EOIN	COULL	40.15	M	RCAC	
37 Thomas	Barron	40.28	M	NRR	1st M NRR
38 DOUGLAS	COWIE	40.33	M	Forres Harriers	
39 ALASDAIR	SMITH	40.43	M	UA	
40 STEWART	WILSON	41	M	INVERNESS HARRIERS	
41 CATRIONA	FRASER	41.02	F	INVERNESS HARRIERS	3rd Female
42 GARETH	MASON	41.14	M	WESTER ROSS ATHLETICS	
43 GARY	GRANT	41.25	M	UA	
44 CAROLINE	MARWICK	41.29	F	INVERNESS HARRIERS	

45	LINDSAY	GRANT	42.1	M	Forres Harriers	
46	ALISON	WILSON	42.14	F	INVERNESS HARRIERS	1st FV
47	NIGEL	WILLIAMS	42.2	M	MRR	
48	GRAHAM	WHYTE	42.29	M	HIGHLAND HILL RUNNERS	
49	IAIN	MCINTYRE	42.39	M	NRR	
50	KEITH	WEBSTER	42.46	M	Keith & District AAAC	
51	NICK	FRENCH	42.5	M	UA	
52	MATTHEW	RUNCIMAN	42.53	M	INVERNESS TRIATHLON	
53	RICHARD	ROBERTS	43.12	M	HIGHLAND HILL RUNNERS	
54	MARK	PRIESTLEY	43.3	M	UA	
55	STEVEN	ELLIS	43.32	M	UA	
56	SUSAN	MCRITCHIE	43.44	F	Forres Harriers	2nd FV
57	ANGUS	DUGGIE	43.59	M	UA	
58	RICHARD	ALLAN	44.06	M	NRR	
59	DAVE	MATHERS	44.1	M	MRR	
60	ROBERT	MACLEAN	44.12	M	UA	
61	ROMA	SHEPHERD	44.13	F	Inverness Harriers	3rd FV
62	DIANA	MACDONALD	44.15	F	HIGHLAND HILL RUNNERS	
63	GAVIN	HUTCHEON	44.33	M	UA	
64	RICHARD	AITKEN	44.35	M	UA	
65	DANNY	BOW	44.37	M	NRR	
66	ELIZABETH	KERR	44.38	F	METRO ABERDEEN RR	
67	LUKE	COCHRANE	44.41	M	UA	
68	GORDON	MAIN	44.44	M	NRR	
69	SAM	KERSHAW	44.46	M	UA	
70	ALEX	SUTHERLAND	44.48	M	INVERNESS HARRIERS	
71	SUSAN	HEY	45.05	F	NRR	1st F NRR
72	JOHN	GOODALL	45.11	M	Keith & District AAAC	
73	CALUM	COULL	45.13	M	RCAC	
74	MARTY	PATON	45.19	M	UA	
75	GEORGE	SNEDDON	45.23	M	MUIR OF ORD JOG SCOTLAND	
76	LAURA	EVANS-SMITH	45.29	F	UA	
77	GRANT	SYMON	45.41	M	Forres Harriers	
78	JAMIE	WALKER	45.49	M	NAIRN KAYAK CLUB	
79	STEVEN	BURNSIDE	45.54	M	UA	
80	BARRY	ELLIS	45.55	M	UA	
81	ELSPETH	JENKINS	46.01	F	MRR	
82	ROBERT	BRUCE	46.16	M	MRR	
83	GRAHAM	HILDITCH	46.23	M	UA	
84	John	Grieve	46.27	M	UA	
85	Jodi	Sharpe	46.35	F	UA	
86	Marie	Third	46.4	F	Keith & District AAC	
87	KAREN	NORVELL	46.43	F	MRR	
88	SIMON	ROSS	47.01	M	UA	
89	NEIL	CAMPBELL	47.04	M	NAAAC	

90	GARRY	HENDERSON	47.06	M	UA	
91	MARTIN	BAIN	47.12	M	DUFFTOWN JOG SCOTLAND	
92	NIGEL	GERRARD	47.14	M	JOG SCOTLAND FORRES	
93	HUGH	MARWICK	47.22	M	INVERNESS HARRIERS	
94	Alistair	Blain	47.23	M	UA	
95	ELIZABETH	WATSON	47.32	F	Forres Harriers	1st FSV
96	Graeme	McLennan	47.45	M	Inverness Jog Scotland	
97	CHRIS	RANKIN	48.14	M	NRR	
98	Fraser	Mackintosh	48.23	M	UA	
99	Stacey Joanna	Craigie	48.23	F	UA	
100	ADRIAN	HODGES	48.3	M	UA	
101	Lynne	Farquharson	48.33	F	UA	
102	JOHN	HOLLOWAY	48.34	M	Forres Harriers	
103	RORY	FRASER	48.35	M	UA	
104	CHRIS	MACINNES	48.44	M	UA	
105	ABIGAIL	MACLENNAN	48.54	F	UA	
106	CLAIRE	MCHARDY	48.58	F	CENTRAL AC	
107	CLAIRE	REILLY	49.18	F	MRR	
108	CALUM	MAIN	49.19	M	UA	
109	Duncan	Davidson	49.22	M	UA	
110	EUAN	CANTLIE	49.23	M	MRR	
111	SARAH	RALPH	49.45	F	NRR	
112	Fiona	Brant	49.55	F	UA	
113	DEBBIE	BAKER	49.56	F	UA	
114	Griff	Gurley	49.57	M	UA	
115	CLAIRE	SMITH	49.57	F	MRR	
116	IAN	DENOON	49.57	M	UA	
117	CLARE	NICHOLAS	49.57	F	Forres Harriers	
118	DAVID	BOAG	50.05	M	UA	
119	RAYMOND	MACGOURLAY	50.2	M	UA	
120	MALCOLM	CHRISTIE	50.23	M	ELGIN AAC	
121	RICHARD	DEAN	50.23	M	UA	
122	IAN	GRAHAM	50.24	M	UA	
123	Helen	Low	50.32	F	UA	
124	INNES	DICKINSON	50.35	M	UA	
125	Eileen	Riddoch	50.38	F	Jog Scotland Buckie	
126	Andy	Fraser	50.44	M	UA	
127	BRIAN	SINCLAIR	50.45	M	UA	
128	JASON	ROBERTSON	50.47	M	UA	
129	Judy	Leslie	50.53	F	Forres Harriers	2nd FSV
130	Martin	Kirk	51.12	M	Garioch RR	
131	TOKS	OSUNRINADE	51.45	M	MRR	
132	JESSICA	TOROK	51.49	F	UA	
133	LISA	MACRAE	51.57	F	INVERNESS HARRIERS	
134	JENNY	SAUNDERS	52.05	F	NRR	

135	MARK	CRAWFORD	52.05	M	NRR	
136	JOHN	DIFFEY	52.15	M	CAIRNGORM RUNNERS	
137	JUNE	McIntosh	52.2	F	UA	3rd FSV
138	CRAIG	ROSE	52.2	M	UA	
139	Carol	Stewart	52.3	F	NRR	
140	EMMA	MCKILLOP	52.45	F	JOG SCOTLAND	
141	Amanda	Morrison	52.51	F	UA	
142	DENISE	WHITWORTH	52.52	F	UA	
143	LAURA	GRANT	52.53	F	UA	
144	BRODY	JEWISON	52.57	M	UA	
145	LEANNE	JEWISON	52.57	F	UA	
146	ELLEN	GEDDES	53.08	F	UA	
147	JENNY	GRANT	53.16	F	JOG SCOTLAND ELGIN	
148	CAMILLA	STAUNTON	53.17	F	UA	
149	GORDON	CRUICKSHANK	53.18	M	NRR	
150	LYNN	MASSON	53.5	F	UA	
151	RHODA	EWING	54.1	F	KEITH JOG SCOTLAND	
152	LINDSAY	ANDERSON	54.14	F	UA	
153	ANDREW	SHEPHERD	54.18	M	UA	
154	MICHAEL	MCDONALD	54.18	M	UA	
155	MARK	ABENHEIMER	54.2	M	NRR	
156	ANNE	DOCHERTY	54.22	F	Forres Harriers	
157	Barbara	Bowie	54.24	F	Moray RR	
158	Aileen	Rennie	54.26	F	UA	
159	David	Ingleby	54.34	M	Moray RR	
159	Malcolm	Watt	54.34	M	The Darkside	
160	JOHN	CORNALL	54.51	M	UA	
161	ELAINE	SCHIAVONE	55.04	F	Forres Harriers	
162	SHEILA	WALLACE	55.06	F	MUIR OF ORD JOG SCOTLAND	
163	NICKY	NASH	55.07	F	JOG SCOTLAND ELGIN	
164	THELMA	ROBERTSON	55.09	F	UA	
165	AMANDA	SIMPSON	55.14	F	UA	
166	Carmel	Hay	55.15	F	NRR	
167	MAIRI	NICHOLSON	55.19	F	UA	
168	SUSAN	DEAN	55.25	F	UA	
169	JOANNA	CAIRNS	55.33	F	UA	
170	MOSH	ROSS	55.34	M	UA	
171	LOUISE	MACBEAN	55.39	F	UA	
172	Norma	Breathet	55.41	F	NRR	
173	JANET	BROMHAM	55.49	F	NRR	
174	Debbie	Halliday	56.08	F	NRR	
175	Elaine	Ross	56.15	F	NRR	
176	SIOBHAN	INGRAM	57.04	F	UA	
177	MIKE	DIGNAN	57.06	M	INVERNESS LEISURE JOG SCOT	
178	JANETTA	PAPROCKI	57.06	F	JOG SCOTLAND	

179 HELEN	BROWN	57.11	F	UA
180 Helen	Kirk	57.34	F	Garioch Gazelles
182 STEVE	BARRON	57.36	M	UA
181 JOANNA	MACDONALD	57.36	F	UA
183 ROSS	FRASER	57.44	M	UA
185 ALAN	FORSYTH	58	M	UA
184 SUZANNE	GRAY	58	F	KEITH JOG SCOTLAND
186 ANDREW	BROWN	58.09	M	UA
187 LORNA	FRASER	58.38	F	NRR
188 NARAIN	ROBERTSON	58.44	F	UA
189 ALISON	FRASER	58.54	F	NRR
190 MARION	MACLENNAN	58.55	F	NRR
191 Ian	Johns	58.59	M	UA
192 Clive	Johnson	59.27	M	UA
193 Suz	Henderson	59.35	F	UA
194 CATRIONA	HOARE	59.5	F	NRR
195 Scott	Sinclair	60.19	M	UA
196 NICOLA	WILLIAMSON	60.34	F	NRR
197 JENNY	MACPHERSON	60.34	F	NRR
198 LORETTA	GRAY	60.52	F	KEITH AND DISTRICT
199 MARK	COTTER	61.22	M	UA
200 JOHN	GELLARY	61.29	M	UA
201 FIONA	McCLENAGHAN	61.39	F	UA
202 FIONA	HAMILTON	62.03	F	MRR
203 DOUGLAS	HAMILTON	62.04	M	MRR
204 Michael	Aitken	62.19	M	UA
205 KATIE	PAUL	62.58	F	NRR
206 Alison	Brown	63.06	F	Inverness Jog Scotland
207 ROBYN	WRIGHT	63.18	F	NRR
208 Cheryl	Henderson	63.19	F	UA
209 EMMA	SADLER	63.3	F	UA
210 BRIAN	MAKEPEACE	63.44	M	UA
211 CAMERON	FRASER	63.55	M	UA
212 FAYE	MALLEN	63.56	F	UA
213 NIGEL	GRANT	63.56	M	MUIR OF ORD JOG SCOTLAND
214 BECKY	CATHRO	64	F	UA
215 HOLLIE	MUNRO	64.02	F	UA
216 RACHEL	CHALMERS	65.58	F	UA
217 REBECA	MACDONALD	66.32	F	NRR
219 JUNE	Urquhart	68.03	F	UA
218 Donna	Harvie	68.03	F	Jog Scotland
220 Karen	Mackay	68.06	F	Inverness Jog Scotland
221 JULIE	GREEN	68.33	F	NRR
222 KATHRYN	ROSS	69.22	F	UA
224 Frances	Wardhaugh	70.45	F	Moray RR

223	JENNI	COELHO	70.45	F	MRR
225	Debra	Johns	70.58	F	UA
226	JANE	SINCLAIR	71.11	F	UA
227	AVRIL	STUART	71.38	F	SPEY RUNNERS
228	KATHLEEN	BOYLE	72.33	F	UA
229	DAVID	BRUCE	83.1	M	INVERNESS LEISURE JOG SCOT